



SICKNESS EXCLUSION POLICY

This policy sets out the exclusion periods from our setting for children who are ill, including if they are infectious. Cocoon Family takes into consideration guidance from the Health Protection Agency with regards to exclusion periods for illness and infection control, as well as the needs of the children and staff.

ILLNESS/ INFECTION	EXCLUSION PERIOD FOR CHILDREN
Chicken Pox/Shingles	Until spots are crusted over 7/10 days.
Conjunctivitis	Medication essential. Eyes must be clear on return. Children cannot attend the setting for the first 24hrs of an antibiotic course.
Diarrhoea and or vomiting	48hrs from the last episode. Children who have 3 or more loose stools in a session will be sent home.
German Measles	5 days from onset of rash.
Glandular fever	None, however must be well enough to participate in the nursery activities

Hand Foot and Mouth	Must be clear of all spots, 5-10 days.
Head Lice.	Sent home for treatment, may return the next day if clear.
Impetigo	Must be clear of all lesions.
Tonsillitis	Must be out for 48hrs on antibiotics before returning to the setting with medication.
COVID 19- when tested positive	Must remain at home for 3 days after testing positive and child is able to come back after that if feeling well enough and has no high temperature (37.8 or above)

Any child on antibiotics must remain out of the setting for 48 hrs from first dose, contact us when your child has been prescribed antibiotics.

PLEASE NOTE: This is not an exhaustive list, but contains the most common exclusions.

Parents should always seek medical advice from their GP or accident and emergency department regarding the specific symptoms of their child.

CHILDREN WHO ARE ILL:

It is our discretion whether or not to allow a child into our setting. If they are showing signs of illness, even if there is no exclusion period or this is after any exclusion period has passed or if a doctor has stated that they are not infectious. We will need to consider the demeanour of the child and whether they are well enough to participate in our activities. We must also consider whether allowing a sick child into the setting would affect the staff ratios, as children who are unwell may require continual one to one attention; we do not provide this care. If we allow a child showing signs of illness, or who has

recently recovered from an illness into the setting, then we will monitor them regularly and will contact parents to ask that they are collected if they become unwell again.

ILLNESS OUTBREAKS:

If there is an outbreak of an illness in nursery we will inform all parents without delay. In extreme circumstances we will contact the local Health Protection Unit for advice.

INFECTIOUS ILLNES REPORTING:

If a child has an illness we would request that the parents contact us as soon as possible so we can communicate this to all staff and parents, as well as the Health protection and Ofsted if it is a modifiable disease.

TEMPERATURES:

Any child with a temperature of 37.8 or above will be sent home.

INJECTIONS:

If your child has had their child hood immunisations we ask you to keep them off for the first 24hrs. This is due to many children having high temperatures after injections and some children having serious reactions to them.

This list is not exhaustive and there will be many occasions that may require our discretion and judgment. We ask for your co-operation in these matters.

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This policy is due for review on the following date	01/03/2026