

	TIME	Monday	Tuesday	Wednesday	Thursday	Friday
AM Sessions	9:00- 9:15 am	Welcome Circle & Active listening				
	9:15- 11:40 am	Montessori work cycle* Outdoor free flow / Growing garden activities (Snack 10:30 am*)				
	11:40am- 11:50 pm	Circle time ~ Music ~ Movement (Bilingual) Children being picked up at 12:00 pm will get ready after circle time				
Lunch & Nap*	11:50/12:00 pm	Children sit down to eat their healthy packed lunch together Napping* children will get ready for nap after lunch PM drop off- children joining the afternoon session will join us for lunch				Friday all children get picked up at 12pm
PM Sessions	1:00- 2:00 pm	Outdoor play~ Growing Garden activities				
	2:00-2:50 pm	Montessori work cycle* (indoor and outdoor)				
	2:50 – 3:00 pm	Story telling- Circle time (Bilingual) All children get ready for pick up				
Extended day	3:00 – 4:00 pm	Different activities planned weekly Art, crafts, garden & other (snack at 3:10pm)				

- *Montessori work cycle refers to a time of independent work choice from the materials provided in all areas (Practical life, Sensorial, Language, Maths, Culture, Art).
- *Snack time- for children under 2.5 years old, we will prepare snacks and offer at 10:30 am. For other children there is a free flow of snack prep.
- *Naps- children nap in Infant Community room.
- If weather doesn't allow outdoor play, children play in the Community centre's big hall.
- The time table is flexible and we might add other activities. The only non-flexible times are Lunch and Naps, and getting ready for pick up.

